



### Common Over-The-Counter (OTC) Medicines

**Analgesics (pain relief)**

Anacin  
 Arthritis pain relief  
 Aspirin/baby aspirin  
 Midol  
 Motrin  
 Muscle rubs  
 Tylenol

**Antacids**

Gas-X  
 Maalox  
 Mylanta  
 Pepcid  
 Pepto-Bismol  
 Prevacid OTC  
 Omeprazole OTC  
 Nexium OTC  
 Lansoprazole OTC  
 Zantac

**Antidiarrheals**

Imodium  
 Pepto-Bismol

**Antiemetics (nausea)**

Antivert  
 Dramamine  
 Meclizine

**Antihistamines (allergy)**

Benadryl  
 Claritin  
 Tavist  
 Zyrtec

**Cough/Cold/Decongestants (age limits apply)**

Afrin Nasal Spray  
 Dimetapp  
 Ocean Nasal Spray  
 Robitussin  
 Sudafed

**Dermatologicals (skin/topical)**

Antifungals  
 Lotrimin  
 Monistat  
 Tinactin

**Anti-infectives**

Bacitracin  
 Neosporin  
 Polysporin

**Other topicals**

Benzoyl peroxide cream  
 Calamine  
 Clearsil  
 Compound W  
 Diaper rash ointment  
 Hydrocortisone  
 Lac-Hydrin  
 Lice/scabies treatments  
 OxyClean  
 Sunscreen  
 Vaseline

**Diabetic supplies**

Blood glucose test strips (TRUE Metrix brand)  
 Glucose (oral)  
 Insulin syringes/needles  
 Isopropyl alcohol  
 Ketone strips  
 Lancets  
 Urine test strips

**Laxatives**

Correctol  
 Dulcolax  
 Fiberlax  
 Laxative enemas  
 Laxative suppositories

**Medical supplies/Other**

Bandages  
 Condoms (female/male)  
 Nicotine patches/gum  
 Peroxide  
 Pregnancy tests  
 Spermicidal foam  
 Today sponge

**Mouth/Throat**

Oragel  
 Throat lozenges

**Ophthalmic**

Alaway  
 Artificial tears  
 Hypo Tears  
 Naphcon  
 Steri Optics  
 Vasocon  
 Visine

**Rectal**

Anusol  
 Preparation H

**Vaginal**

Conceptrol  
 Gyne-Lotrimin  
 Monistat

**Vitamins/Minerals**

Calcium  
 Folic acid  
 Iron  
 Niacin, Slo-Niacin  
 Pediatric vitamins (Flintstones, One-a-Day Kids)  
 Prenatal vitamins (Complete Prenatal, GNP Daily Prenatal, Mission Prenatal, Stuart Prenatal), Vitamins: A, B, B-complex, C, D, E, K and Zinc

These products can be filled at any network pharmacy. This is not a full list. It gives examples of some common brand names of OTC drugs. Generic OTCs are required. Cough and cold medications may be excluded for some members.

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