



**This is an update to your current healthcare benefits. Please keep it with your *Member Handbook*.**

On December 31, 2022, the Medline deluxe electric breast pump kit will stop being a value-added service. If you are pregnant, you can get a breast pump with a prescription from your doctor.

In addition, updates to your benefits on October 1, 2022 may include the following:

- Call Access2Care for rides to dental appointments. Note your dental appointments may not be covered.
- To help quit tobacco, counseling or nicotine replacement therapy (NRT) programs are available.
- To help cover an annual Boys & Girls Club membership, children ages 5–18 in grades K–12 may now qualify for a \$30 allowance.

The chart below shows the full details.

<b>COUNSELING TO HELP YOU QUIT USING TOBACCO</b>  <b>Who is eligible:</b> All Amerigroup members ages 11 or older who use tobacco	Quitting smoking or using other tobacco products is a big step to take toward a healthier lifestyle. Amerigroup offers a free counseling program to help. Our program includes: <ul style="list-style-type: none"><li>• Unlimited calls to a health coach for tips and advice.</li><li>• Educational materials — both printed and online.</li></ul>	Call <b>800-600-4441 (TTY 711)</b> to join our stop-smoking program.
<b>NICOTINE REPLACEMENT THERAPY (NRT) TO HELP YOU QUIT USING TOBACCO</b>  <b>Who is eligible:</b> All Amerigroup members ages 18 or older who use tobacco	Amerigroup offers nicotine replacement therapy (NRT) products, which include over-the-counter nicotine replacement in the form of patches, gum, or lozenges. They are delivered directly to your home.	Call Member Services at <b>800-600-4441 (TTY 711)</b> to join our stop-smoking program.
<b>BOYS &amp; GIRLS CLUB MEMBERSHIP</b>  <b>Who is eligible:</b>	Children should have a safe place to get active, make friends, and have fun. Boys & Girls Clubs offer all of this	Log on to the Benefit Reward Hub to redeem your value-added services and view the benefits you're

Annual membership for school-age members, ages 5–18 in grades K–12 at participating Boys & Girls Clubs  Limit one per member per year.	and more to kids in your community. With Amerigroup, you can get a \$30 allowance to cover the cost of the annual Boys & Girls Club membership in your community.	eligible for at <b>myamerigroup.com/ia</b> , or call Member Services at <b>800-600-4441 (TTY 711)</b> . Limitations and restrictions apply. Benefits may change.
--	---	--

You can view these benefits and others in the *Member Handbook* at **myamerigroup.com/ia**.

If you have questions, you can send us a secure message by logging in to your account at **myamerigroup.com/ia**. You also can call Member Services at **800-600-4441 (TTY 711)** Monday through Friday from 7:30 a.m. to 6 p.m. Central time.