AA Agnostic

AA Agnostic is designed as a space for individuals who want to participate in the 12-step format, but who do not identify with the spiritual aspect of traditional AA meetings. Find a meeting.

Active Minds

Active Minds is an organization of young people looking to change attitudes about mental illness recovery. See if your college has a chapter on campus.

Addiction Survivors

This program provides online peer support for people living with addiction, and their families. Groups include those for alcohol dependence, benzodiazepine, opioid, and stimulant addiction.

Adult Children of Alcoholics

This anonymous 12 step group supports men and women who grew up with a parent who abused alcohol. Find a meeting in your area.

Al-Anon

This anonymous 12 step group is designed for families and friends of individuals struggling with alcohol abuse. Find a meeting in your area.

Alcoholics Anonymous

You are not alone. Many people recover with help from peers in Alcoholics Anonymous Meetings. Find an AA meeting near you.

Buddhist Recovery Network

The Buddhist Recovery Network utilizes Buddhist teachings, traditions and practices to help people recover from addiction. Find a meeting in your area.

Cocaine Anonymous

Many people recover with help from peers in Cocaine Anonymous. You are not alone. Find a meeting in your area.
Crystal Meth Anonymous

Crystal Meth Anonymous is a 12-step fellowship with a mission of supporting individuals in recovery from crystal meth addiction. Find a meeting in your area.

Dual Recovery Anonymous

Dual Recovery Anonymous is a fellowship of women and men who work together to recover from mental illness and chemical dependency. Hear stories of recovery or find a meeting in your area.

Depression Bipolar Support Alliance (DBSA)

DBSA has online and local meetings. If you are not diagnosed with bipolar or depressive disorders, don't worry. DBSA is very welcoming community!

Eating Disorders Anonymous

This is a 12-step fellowship for those seeking support in eating disorders recovery. Find a skype or phone meeting, an online meeting or a meeting in your area.

Emotions Anonymous

You can find online, phone, and local meetings of Emotions Anonymous. It is a 12-step program for mental health and emotional balance based on the AA model.

Gam-Anon

Gam-Anon is a 12-step program for families and friends affected by a loved ones gambling. Find a meeting in your area.

Gamblers Anonymous

Gamblers Anonymous is a fellowship of women and men who work together to recover from a gambling problem. Find a meeting in your area.

Harm Reduction for Alcohol (HAMS)

This peer-led support and information group is for anyone who wants to change their drinking habits. Anyone around the world can access the online support community.

Heroin Anonymous
At Heroin Anonymous, the only requirement for joining is a desire to stop suffering from heroin addiction. Find a meeting in your area.  

Hoarders

Connect with others living in recovery from hoarding, or find support groups or treatment providers in your area.

Jewish Alcoholics, Chemically Dependent Persons, and Significant Others (JACS)

JACS is a self-help/mutual aid movement assisting the Jewish community in exploring recovery.

Marijuana Anonymous

Marijuana Anonymous is a fellowship of men and women coming together to support each other in recovery from marijuana addiction. Find a meeting in your area.

Millati Islami

Millati Islami is a 12 step program that also combines the treatment requirements of Al-Islam. Find a meeting in your area.

Narcotics Anonymous

You don't have to go it alone. Narcotics Anonymous can help. Find a meeting near you.

National Alliance on Mental Illness (NAMI) - Connections

NAMI Connections is a support group for mental health recovery. There are local meetings.

NAMI - Consumer Communities

This is a webpage from NAMI (National Alliance for Mental Illness) with discussion boards, support and information for people in recovery, families and providers.

National Eating Disorders Association

The NEDA is a non-profit organization advocating on behalf of and supporting people and families affected by eating disorders. Find a support group near you.

Overeaters Anonymous
Overeaters Anonymous is a 12-Step Fellowship of support and recovery for people with all types of eating disorders. Learn more about OA, or find a meeting near you.

Rainbow Heights Club
Learn about the activities at the The Rainbow Heights Club, Brooklyn, NY, that is run by and for GLBTQI people who are in recovery from mental illnesses.

Recovery International
Recovery International is a welcoming mental health support group that has phone meetings, online meetings and local meetings.

Sex Addicts Anonymous
Sex Addicts Anonymous is a fellowship of men and women coming together to support each other in recovery from sex addiction. Find a meeting in your area.

Skin Picking Disorder Support
Connect with other people in recovery from skin picking disorder using this website.

Trichotillomania/Hair Pulling
Find a support group to connect with others living in recovery from trichotillomania.