

Member Handbook Update

Please read this with care and keep it with your member handbook. **Important changes to your child's extra benefits start September 1, 2018.**

Below is the updated chart for the **What extra benefits does my child get as a member of Amerigroup?** section of the handbook:

Value-added benefit	How to get it
 Help getting rides to: Women, Infants, and Children (WIC) offices 	Call 1-844-756-4600 (TTY 711) or your service coordinator.
 Member Advisory Group meetings 	For rides to WIC offices and Member Advisory Group meetings, every member can get 1 ride per month, with up to 12 rides each year.
myStrength™ secure web and mobile tools you can use 24/7 to help improve your mental and emotional health	 Visit www.mystrength.com/amerigrouptx. Choose Sign up. Complete a brief, myStrength Wellness Assessment and personal profile.
Nonslip and dexterity products to help with activities of daily living — up to \$50 per year	Call 1-844-756-4600 (TTY 711) or your service coordinator.
Sensory products like texture fidgets, compression garments, weighted blankets, and many more to meet the needs of kids with sensory sensitivities — up to \$75	Call 1-844-756-4600 (TTY 711) or your service coordinator.
Eyeglasses strap (1 per year)	Call 1-844-756-4600 (TTY 711) or your service coordinator.
Healthy Families program with free healthy living coach for members age 7-17 diagnosed with obesity. This program provides families with fitness and healthy behavior coaching, written nutrition information, and online and community resources (1 program per lifetime)	Call 1-888-830-4300 or your service coordinator.
6 months free mobile and online health coaching and nutrition plans for weight loss and managing chronic health conditions	Call 1-844-756-4600 (TTY 711) or your service coordinator.
First Aid Kit — complete a personal disaster plan online and get a first aid kit (1 kit per member per lifetime)	Call 1-844-756-4600 or go to www.myamerigroup.com/TX to learn more.

Value-added benefit	How to get it
Free inhaler sensor for members with asthma — to show or prevent health problems by tracking inhaler use	Call 1-844-756-4600 (TTY 711) or your service coordinator.
Pest control services every 3 months	Call 1-844-756-4600 (TTY 711) or your service coordinator.
	Members can get this service at 1 location.
\$20 in Real Solutions [®] Healthy Rewards debit card dollars for the purchase of a state ID card (1 per lifetime)	Call 1-877-868-2004 or go to www.myamerigroup.com/ HealthyRewards to learn more.
	 In order to get your rewards you must: Join the Healthy Rewards program Request (ask for) your reward within 6 months after you complete an activity
 Free cellphone/smartphone through the Lifeline program with monthly minutes, data, and texts. If you qualify, you also get: 200 bonus minutes when you join 100 bonus minutes for your birthday 	Call 1-844-756-4600 (TTY 711) or go to www.myamerigroup.com/TX to learn more. Birthday bonus minutes start the month after you join.
	To see if you qualify for the federal Lifeline Assistance program, go to safelinkwireless.com and fill out the application.
Help to quit smoking — education and phone support with your own personal coach and a full range of nicotine replacement therapies as needed for members age 18 and older (when no other Medicaid or Medicare benefits are available to help you quit smoking)	Call 1-844-756-4600 (TTY 711) or your service coordinator.

Have questions?

Call Member Services toll-free at 1-844-756-4600 (TTY 711), Monday through Friday from 8 a.m. to 6 p.m. Central time.

Amerigroup members in the Medicaid Rural Service Area and the STAR Kids program are served by Amerigroup Insurance Company; all other Amerigroup members in Texas are served by Amerigroup Texas, Inc.