

## Member Handbook Update

Please read this with care and keep it with your member handbook.

**Important changes to your child's extra benefits start September 1, 2018.**

Below is the updated chart for the **What extra benefits does my child get as a member of Amerigroup?** section of the handbook:

Value-added benefit	How to get it
<p>Real Solutions® Healthy Rewards debit card for these healthy activities:</p> <ul style="list-style-type: none"> <li>• \$120 for completing 6 Texas Health Steps checkups per the Texas Health Steps visit schedule for children ages 0-15 months (refer to the <b>What is Texas Health Steps?</b> section of this handbook)</li> <li>• \$20 per visit for Texas Health Steps checkups at ages 18, 24, or 30 months</li> <li>• \$20 each year for completing Texas Health Steps checkups, for ages 3-20 years old</li> <li>• \$20 for getting a full series of the rotavirus vaccinations (shots or other type of vaccine, 2-3 visits on different days depending on type of vaccine), for children ages 42 days through 24 months</li> <li>• \$20 for getting a full series of the flu (influenza) vaccinations (2 vaccinations on different days), for children ages 6 months through 24 months</li> <li>• \$20 each year for getting a flu (influenza) vaccination, for members age 18-20</li> <li>• \$25 for a woman who has a prenatal checkup in her first trimester of pregnancy or within 42 days of joining the health plan</li> <li>• \$50 for a woman who has a postpartum checkup within 21 to 56 days after giving birth</li> <li>• \$20 each year for having a retinopathy eye exam for members age 18-20 with diabetes</li> </ul>	<p>Call 1-877-868-2004 or go to <a href="http://www.myamerigroup.com/HealthyRewards">www.myamerigroup.com/HealthyRewards</a> to learn more.</p> <p>In order to get your rewards you must:</p> <ul style="list-style-type: none"> <li>• Join the Healthy Rewards program</li> <li>• Request (ask for) your reward within 6 months after you complete an activity</li> </ul> <p>Activities will be verified with claims sent by your doctor.</p>

Value-added benefit	How to get it
<ul style="list-style-type: none"> <li>• \$20 every 6 months for having a blood sugar test (HbA1c) for members age 18-20 with diabetes</li> <li>• \$20 every 6 months for having a blood sugar test (HbA1c) with a result less than 8 for members age 18-20 with diabetes</li> <li>• \$20 for purchase of a state ID card (1 per lifetime)</li> </ul>	
<p>Help getting rides to:</p> <ul style="list-style-type: none"> <li>• Medical appointments when the family or representative can't provide them and the HHSC Medical Transportation Program isn't available (a family member or representative may travel with you if needed)</li> <li>• Pregnancy, birthing, or newborn classes for pregnant members</li> <li>• Women, Infants, and Children (WIC) offices</li> <li>• Member Advisory Group meetings</li> </ul>	<p>Call 1-844-756-4600 (TTY 711) or your service coordinator.</p> <p>For rides to WIC offices and Member Advisory Group meetings, every member can get 1 ride per month, with up to 12 rides each year.</p>
<p>myStrength™ secure web and mobile tools you can use 24/7 to help improve your mental and emotional health</p>	<ol style="list-style-type: none"> <li>1. Visit <a href="http://www.mystrength.com/amerigroupptx">www.mystrength.com/amerigroupptx</a>.</li> <li>2. Choose Sign up.</li> <li>3. Complete a brief, myStrength Wellness Assessment and personal profile.</li> </ol>
<p>Up to \$50 per semester for the cost of activities in a Boys &amp; Girls Club, Boy Scouts, Girl Scouts, or other similar organization contracted with Amerigroup (where available)</p>	<p>Go to your local Boys &amp; Girls Club or call your service coordinator about other organizations.</p>
<p>Non-slip and dexterity products to help with activities of daily living — up to \$50 per year</p>	<p>Call 1-844-756-4600 (TTY 711) or your service coordinator.</p>
<p>Sensory products like texture fidgets, compression garments, weighted blankets, and many more to meet needs for kids with sensory sensitivities — up to \$75</p>	<p>Call 1-844-756-4600 (TTY 711) or your service coordinator.</p>
<p>Eyeglasses strap (1 per year)</p>	<p>Call 1-844-756-4600 (TTY 711) or your service coordinator.</p>

Value-added benefit	How to get it
Healthy Families program with free healthy living coach for members age 7-17 diagnosed with obesity. This program provides families with fitness and healthy behavior coaching, written nutrition information, and online and community resources (1 program per lifetime).	Call 1-888-830-4300 or your service coordinator.
6 months free mobile and online health coaching and nutrition plans for weight loss and managing chronic health conditions	Call 1-844-756-4600 (TTY 711) or your service coordinator.
8 hours of respite services each year for families and caregivers of members	Call 1-844-756-4600 (TTY 711) or your service coordinator.
First Aid Kit — Complete a personal disaster plan online so you'll be ready in an emergency, and get a free first aid kit (1 kit per member per lifetime)	Call 1-844-756-4600 (TTY 711) or go to <a href="http://www.myamerigroup.com/TX">www.myamerigroup.com/TX</a> to learn more.
Free inhaler sensor for members with asthma — to show or prevent health problems by tracking inhaler use	Call 1-844-756-4600 (TTY 711) or your service coordinator.
Allergy-free pillow cover (1 per year) for members who have been diagnosed with asthma and participate in a disease/case management program	Call 1-844-756-4600 (TTY 711) or your service coordinator.
Pest control services every 3 months	<p>Call 1-844-756-4600 (TTY 711) or your service coordinator.</p> <p>Members can get this service at 1 location.</p>
<p>Free cellphone/smartphone through the Lifeline program with monthly minutes, data, and texts. If you qualify, you also get:</p> <ul style="list-style-type: none"> <li>• 200 bonus minutes when you join</li> <li>• 100 bonus minutes for your birthday</li> </ul>	<p>Call 1-844-756-4600 (TTY 711) or go to <a href="http://www.myamerigroup.com/TX">www.myamerigroup.com/TX</a>.</p> <p>Birthday bonus minutes start the month after you join.</p> <p>To see if you qualify for the federal Lifeline Assistance program, go to <a href="http://safelinkwireless.com">safelinkwireless.com</a> and fill out the application.</p>
One sports, school, or camp physical every year	See your primary care provider.

Value-added benefit	How to get it
<p>Taking Care of Baby and Me® program — A rewarding way to keep our pregnant members, new moms, and your babies healthy and happy.</p> <ul style="list-style-type: none"> <li>• When you're pregnant, you'll get a special self-care book with tips on caring for yourself and your baby while you're pregnant</li> <li>• After you have your baby, you'll get an educational book about taking care of your baby and yourself after your postpartum checkup</li> </ul>	<p>Call 1-844-756-4600 (TTY 711) or your service coordinator.</p>
<p>Help to quit smoking — education and phone support with your own personal coach and a full range of nicotine replacement therapies as needed for members age 18 and older (when no other Medicaid benefits are available to help you quit smoking)</p>	<p>Call 1-844-756-4600 (TTY 711) or your service coordinator.</p> <p>Members can get this benefit for up to 12 weeks.</p>

**Have questions?**

Call Member Services toll-free at 1-844-756-4600 (TTY 711), Monday through Friday from 8 a.m. to 6 p.m. Central time.

Amerigroup members in the Medicaid Rural Service Area and the STAR Kids program are served by Amerigroup Insurance Company; all other Amerigroup members in Texas are served by Amerigroup Texas, Inc.