

## **Behavioral health**

Amerigroup Texas can help you with your condition. Services include:

- One-on-one help with depression, schizophrenia, bipolar disorder or substance use disorder
- Treatment from a licensed mental health caregiver
- Help finding a provider
- Information about resources in your area
- Phone calls to you and your doctors to track your progress

## More behavioral health resources

- National Institute of Mental Health
- SAMHSA's National Health Information Center
- Mental Health America
- National Alliance on Mental Illness