

# We're glad you're part of our health plan!



Every year, your value-added services, or extra benefits, can change.

**We want to let you know about important changes to your extra benefits, starting September 1, 2020.** The following new benefits and changes affect the section in the member handbook about extra benefits and how to get these services:

- One sports or school physical every year for members ages 4 to 19
- Help with weight management through a program with 24/7 online access to resources, tools, and activities. This benefit is for members ages 13 and older.
- Nicotine recovery support program online through web or mobile app with personalized support and interactive tools. This benefit is for members ages 13 and older.
- Pregnancy and early parenting program online 24/7 through web or mobile app to support expecting and new parents. This benefit is for members ages 13 and older.
- Social services resource directory online to help locate community supports such as food and nutrition, housing, education, and employment services
- Educational materials for members in certain disease management programs

See the reverse side of this flier for more important information.

## Things to know

These Healthy Rewards extra benefits are **no longer available:**

- \$20 for a diabetic eye exam
- \$20 for a cholesterol exam

## Questions?



Call Member Services toll-free at 1-800-600-4441 (TTY 711), Monday through Friday from 7 a.m. to 6 p.m. Central time.



**TEXAS**  
Health and Human  
Services

**Healthy Rewards** — We're updating the Healthy Rewards program to offer you more choices. You will be able to choose gift cards from a variety of retailers instead of earning debit card dollars. There are also changes in how to find information about your Healthy Rewards benefits. Call 1-888-990-8681 or log in to your account at [www.myamerigroup.com/TX](http://www.myamerigroup.com/TX) to access the Healthy Rewards site from the Benefits page. **You must enroll in the new program on or after September 1, 2020 to earn rewards.**

New and changed offers are:

- \$20 gift card for getting a full series of the HPV (Human papillomavirus) vaccination. This benefit is for members ages 9 through 12
- \$50 gift card for a woman who has a postpartum checkup within 7 to 84 days after giving birth
- \$20 gift card allowance for over-the-counter medications each year for getting a flu vaccination. This benefit is for members ages 3 or older.

You can find more benefit details, including exclusions and limitations, in the newest member handbook. Get a copy for free at [www.myamerigroup.com/TX](http://www.myamerigroup.com/TX).

Amerigroup members in the Medicaid Rural Service Area and the STAR Kids program are served by Amerigroup Insurance Company; all other Amerigroup members in Texas are served by Amerigroup Texas, Inc.