





# 2020 Summary of Benefits

Member Services: 1-855-878-1784 (TTY: 711)

Monday through Friday from 8 a.m. to 8 p.m. local time

www.myamerigroup.com/TXmmp



#### **Summary of Benefits 2020**

H8786\_20\_107555\_U CMS Accepted 10/01/2019

#### Introduction

This document is a brief summary of the benefits and services covered by Amerigroup STAR+PLUS MMP. It includes answers to frequently asked questions, important contact information, an overview of benefits and services offered, and information about your rights as a member of Amerigroup STAR+PLUS MMP. Key terms and their definitions appear in alphabetical order in the last chapter of the *Member Handbook*.

#### **Table of Contents**

A. Disclaimers	2
B. Frequently Asked Questions	
C. Overview of Services	
D. Other services that Amerigroup STAR+PLUS MMP covers	22
E. Services covered outside of Amerigroup STAR+PLUS MMP	28
F. Services not covered by Amerigroup STAR+PLUS MMP, Medicare, or Texas Medicaid	29
G. Your rights as a member of the plan	30
H. How to file a complaint or appeal a denied service	32
I. What to do if you suspect fraud	33
J. Ways to report fraud, waste, or abuse:	34
J1. To report fraud, waste, or abuse, gather as much information as possible	34

#### **Summary of Benefits 2020**

#### A. Disclaimers



This is a summary of health services covered by Amerigroup STAR+PLUS MMP for 2020. This is only a summary. Please read the *Member Handbook* for the full list of benefits.

- Amerigroup STAR+PLUS MMP (Medicare-Medicaid Plan) is a health plan that contracts with both Medicare and Texas Medicaid to provide benefits of both programs to enrollees.
- ❖ For additional information you may also call STAR+PLUS MMP Help Line at 1-877-782-6440, Monday through Friday from 8 a.m. to 6 p.m. Central time. TTY users should call 1-800-735-2989.
- Under Amerigroup STAR+PLUS MMP you can get your Medicare and Texas Medicaid services in one health plan. An Amerigroup STAR+PLUS MMP service coordinator will help manage your health care needs.
- This is not a complete list. The benefit information is a brief summary, not a complete description of benefits. For more information contact the plan or read the *Member Handbook*.
- ❖ ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-855-878-1784 (TTY: 711), Monday through Friday from 8 a.m. to 8 p.m. local time. The call is free.
- ❖ ATENCIÓN: Si habla español, le ofrecemos servicios de asistencia de idiomas sin cargo. Llame al 1-855-878-1784 (TTY: 711), de lunes a viernes, de 8 a.m. a 8 p.m., hora local. La llamada es gratuita.
- ❖ You can get this document for free in other formats, such as large print, braille, or audio. Call 1-855-878-1784 (TTY: 711), Monday through Friday from 8 a.m. to 8 p.m. local time. The call is free.
- ❖ You can get this document for free in other languages and formats, such as large print, braille, or audio. Call Member Services at the number listed on the bottom of this page.

When calling, let us know if you want this to be a standing order. That means we will send the same documents in your requested format and language every year.

You can also call us to change or cancel a standing order. You can also find your documents online at www.myamerigroup.com/TXmmp.



#### **Summary of Benefits 2020**

#### **B. Frequently Asked Questions**

The following chart lists frequently asked questions.

Frequently Asked Questions (FAQ)	Answers
What is a Medicare-Medicaid Plan?	A Medicare-Medicaid Plan is a health plan that contracts with both Medicare and Texas Medicaid to provide benefits of both programs to enrollees. It is for people with both Medicare and Medicaid. A Medicare-Medicaid Plan is an organization made up of doctors, hospitals, pharmacies, providers of long-term services and supports, and other providers. It also has service coordinators to help you manage all your providers and services. They all work together to provide the care you need.
What is an Amerigroup STAR+PLUS MMP service coordinator?	An Amerigroup STAR+PLUS MMP service coordinator is one main person for you to contact. This person helps manage all your providers and services and makes sure you get what you need.
What are long-term services and supports?	Long-term services and supports are help for people who need assistance to do everyday tasks like taking a bath, getting dressed, making food, and taking medicine. Most of these services are provided at your home or in your community but could be provided in a nursing home or hospital.
Will you get the same Medicare and Texas Medicaid benefits in Amerigroup STAR+PLUS MMP that you get now? (continued on the next page)	You will get your covered Medicare and Texas Medicaid benefits directly from Amerigroup STAR+PLUS MMP. You will work with a team of providers who will help determine what services will best meet your needs. This means that some of the services you get now may change. You will get almost all of your covered Medicare and Texas Medicaid benefits directly from Amerigroup STAR+PLUS MMP, but you may get some benefits the same way you do now, outside of the plan.

Frequently Asked Questions (FAQ)	Answers
Will you get the same Medicare and Texas Medicaid benefits in Amerigroup STAR+PLUS MMP that you get now? (continued from previous page)	When you enroll in Amerigroup STAR+PLUS MMP, you and your service coordination team will work together to develop a Plan of Care to address your health and support needs. During this time, you can keep seeing your doctors and getting your current services for 90 days, or 180 days if you are receiving long-term services and supports, or until your Plan of Care is complete. When you join our plan, if you are taking any Medicare Part D prescription drugs that Amerigroup STAR+PLUS MMP does not normally cover, you can get a temporary supply. We will help you get another drug or get an exception for Amerigroup STAR+PLUS MMP to cover your drug, if medically necessary.
Can you go to the same doctors you see now?	Often that is the case. If your providers (including doctors, therapists, and pharmacies) work with Amerigroup STAR+PLUS MMP and have a contract with us, you can keep going to them.  • Providers with an agreement with us are "in-network." You must use the providers in Amerigroup STAR+PLUS MMP's network.  • If you need urgent or emergency care or out-of-area dialysis services, you can use providers outside of Amerigroup STAR+PLUS MMP's plan.  To find out if your doctors are in the plan's network, call Member Services or read Amerigroup STAR+PLUS MMP's Provider and Pharmacy Directory.  If Amerigroup STAR+PLUS MMP is new for you, you can continue seeing the doctors you go to now for 90 days, or 180 days if you are receiving long-term services and supports, or until your Plan of Care is complete. During that time, we will try to get your provider in our network.

Frequently Asked Questions (FAQ)	Answers
What happens if you need a service but no one in Amerigroup STAR+PLUS MMP's network can provide it?	Most services will be provided by our network providers. If you need a service that cannot be provided within our network, Amerigroup STAR+PLUS MMP will pay for the cost of an out-of-network provider.
Where is Amerigroup STAR+PLUS MMP available?	The service area for this plan includes: Bexar, El Paso, Harris, and Tarrant Counties, Texas. You must live in one of these areas to join the plan.
Do you pay a monthly amount (also called a premium) under Amerigroup STAR+PLUS MMP?	You will not pay any monthly premiums to Amerigroup STAR+PLUS MMP for your health coverage.
What is prior authorization?	Prior authorization means that you must get approval from Amerigroup STAR+PLUS MMP before you can get a specific service or drug or see an out-of-network provider. Amerigroup STAR+PLUS MMP may not cover the service or drug if you don't get approval. If you need urgent or emergency care or out-of-area dialysis services, you don't need to get approval first.  See Chapter 3 of the <i>Member Handbook</i> to learn more about prior authorization. See the Benefits Chart in Chapter 4 of the <i>Member Handbook</i> to learn which services require a prior authorization.
What is a referral? (continued on the next page)	A referral means that your primary care provider (PCP) must give you approval before you can see someone that is not your PCP or use other providers in the plan's network. If you don't get approval, Amerigroup STAR+PLUS MMP may not cover the services. You don't need a referral to see certain specialists, such as women's health specialists.

Frequently Asked Questions (FAQ)	Answers	
What is a referral? (continued from previous page)	See Chapter 3 of the <i>Member Handbook</i> to learn more about when you will need to get a referral from your PCP.	
What is Extra Help?	Extra Help is a Medicare program that helps people with limited incomes and resources reduce Medicare Part D prescription drug costs such as premiums, deductibles, and copays. Extra Help is also called the "Low-Income Subsidy" or "LIS".  Your prescription drug copays under Amerigroup STAR+PLUS MMP already include the amount of Extra Help you qualify for. For more information about Extra Help, contact your local Social Security Office, or call Social Security at 1-800-772-1213. TTY users may call 1-800-325-0778.	
Who should you contact if you have questions or need help? (continued on the next page)	If you have general questions or questions about our plan, services, service area, billing, or Member ID Cards, please call Amerigroup STAR+PLUS MMP Member Services:  CALL 1-855-878-1784  Calls to this number are free. Monday through Friday from 8 a.m. to 8 p.m. local time.  Member Services also has free language interpreter services available for people who do not speak English.  TTY 711  Calls to this number are free. Monday through Friday from 8 a.m. to 8 p.m. local time.	

Frequently Asked Questions (FAQ)	Answers			
Who should you contact if you have questions or need help? (continued	If you have questions about your health, please call the Nurse Advice Call line:		If you have questions about your health, please call the Nurse Advice Call line:	
from previous page)	CALL	1-855-878-1784		
		Calls to this number are free. 24 hours a day, 7 days a week.		
	TTY	711		
		Calls to this number are free. 24 hours a day, 7 days a week.		
	If you need immediate behavioral health services, please call the Behavioral Health Crisis Line:			
	CALL	1-855-878-1784		
		Calls to this number are free. 24 hours a day, 7 days a week.		
	TTY	711		
		Calls to this number are free. 24 hours a day, 7 days a week.		

#### **Summary of Benefits 2020**

#### C. Overview of Services

The following chart is a quick overview of what services you may need, your costs and rules about the benefits.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You want to see a doctor	Visits to treat an injury or illness Wellness visits, such as a physical	\$0 \$0	
	Transportation to a doctor's office	\$0	Prior authorization and referral may be required.
	Specialist care	\$0	Prior authorization and referral may be required.
	Care to keep you from getting sick, such as flu shots	\$0	
	"Welcome to Medicare" preventive visit (one time only)	\$0	
You need medical	Lab tests, such as blood work	\$0	
tests	X-rays or other pictures, such as CAT scans	\$0	
	Screening tests, such as tests to check for cancer	\$0	Prior authorization and referral may be required.
You need drugs to treat your illness or condition (This service is continued	Generic drugs (no brand name)	\$0-\$3.60 copay for up to a 93-day supply of covered Part D generic drugs.	There may be limitations on the types of drugs covered. Please see Amerigroup STAR+PLUS MMP's <i>List of Covered Drugs</i> (Drug List) for more information.
on the next page)		Tier 1 \$0 copay –     Medicare Part D     preferred generic     drugs (Up to a)	Some prescription drugs may require prior authorization.  Our plan's mail-order service allows you to order
		93-day supply at a network retail or	up to a 93-day supply that has the same copay as a one-month (31-day) supply.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need drugs to treat your illness or condition (continued)	Generic drugs (no brand name)	mail order pharmacy)  Tier 2 \$0-\$3.60 copay – Medicare Part D preferred and non-preferred generic drugs (Up to a 93-day supply at a network retail or mail order pharmacy)  Tier 3 \$0 copay – TX Medicaid/ state-approved non-Medicare covered prescription drugs (Up to a 31-day supply at a network retail pharmacy)  Tier 4 \$0 copay – TX Medicaid/ state-approved over-the-counter (OTC) drugs; covered OTC drugs require a	(rules about benefits)
		TX Medicaid/ state-approved over-the-counter (OTC) drugs; covered OTC drugs	

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need drugs to treat your illness or condition (continued)	Generic drugs (no brand name)	your provider (Up to a 31-day supply at a network retail pharmacy)	
		Copays for prescription drugs may vary based on the level of Extra Help you get. Please contact the plan for more details.	
	Brand name drugs	\$0-\$8.95 copay for up to a 93-day supply of covered Part D brand name drugs.	There may be limitations on the types of drugs covered. Please see Amerigroup STAR+PLUS MMP's <i>List of Covered Drugs</i> (Drug List) for more information.
		<ul> <li>Tier 1 \$0 copay –         Medicare Part D         preferred brand         name drugs (Up to         a 93-day supply at a         network retail or         mail order         pharmacy)</li> <li>Tier 2 \$0-\$8.95         copay – Medicare         Part D preferred         and non-preferred         brand name drugs</li> </ul>	Some prescription drugs may require prior authorization.  Our plan's network retail or mail-order pharmacies allows you to order up to a 93-day extended supply of some Tier 1 and Tier 2 drugs. Your copay will be the same for the 31-day supply or a 93-day supply.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need drugs to treat your illness or condition (continued)	Brand name drugs	(Up to a 93-day supply at a network retail or mail order pharmacy  • Tier 3 \$0 copay – TX Medicaid/state approved prescription brand name drugs (Up to a 31-day supply at a network retail pharmacy)  • Tier 4 \$0 copay – TX Medicaid/state approved over-the-counter (OTC) drugs; covered OTC drugs require a prescription from your provider (Up to a 31-day supply at a network retail pharmacy)  Copays for prescription drugs may vary based on the level of Extra	(rules about penents)

Health need or	Services you may need	Your costs for	Limitations, exceptions, & benefit information
problem		in-network providers	(rules about benefits)
You need drugs to treat your illness or condition (continued)	Brand name drugs	Help you get. Please contact the plan for more details.	
	Over-the-counter drugs	\$0	There may be limitations on the types of drugs covered. Please see Amerigroup STAR+PLUS MMP's <i>List of Covered Drugs</i> (Drug List) for more information.  Amerigroup STAR+PLUS MMP covers some OTC drugs with a written prescription from your provider. These drugs are in Tier 4 of the Drug List.
	Medicare Part B prescription drugs	\$0	Part B drugs include drugs given by your doctor in his or her office, some oral cancer drugs, and some drugs used with certain medical equipment. Read the <i>Member Handbook</i> for more information on these drugs.  There may be limitations on the types of drugs covered.  Prior authorization may be required.
You need therapy after a stroke or accident	Occupational, physical, or speech therapy	\$0	Prior authorization may be required.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need emergency care	Emergency room services	\$0	No prior authorization is required for emergency services.  Out-of-network services are covered.  Services are not covered outside the U.S. and its territories except under limited circumstances.  Call Member Services for details.
	Ambulance services	\$0	Medically necessary ambulance services are covered.  Prior authorization may be required for nonemergency services.
	Urgent care	\$0	No prior authorization is required for urgent care services.  Out-of-network services are covered.  Services are not covered outside the U.S. and its territories except under limited circumstances.  Call Member Services for details.
You need hospital care (This service is continued on the next page)	Hospital stay	\$0	Except in an emergency, your doctor must tell the plan you are going to be admitted to the hospital.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need hospital care (continued)	Hospital stay	\$0	Limitations may apply.  The plan offers thirty (30) additional days per benefit period.  Prior authorization may be required.
	Doctor or surgeon care	\$0	A doctor or surgeon's care is covered during a hospital stay.  Except in an emergency, your doctor must tell the plan you are going to be admitted to the hospital.  Prior authorization may be required.
You need help getting better or have special health needs	Rehabilitation services	\$0	In addition to the covered benefit, the plan offers 12 additional cardiac rehabilitation services visits each year.  Prior authorization and referral may be required.
	Medical equipment for home care	\$0	Prior authorization may be required.
	Skilled nursing care	\$0	Prior authorization may be required.
You need eye care (This service is continued on the next page)	Eye exams	\$0	In addition to the Texas Medicaid benefit, the plan covers one routine eye exam every year.  Prior authorization may be required.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need eye care (continued)	Glasses or contact lenses	\$0	In addition to the Texas Medicaid benefit, the plan covers one pair of eyeglass lenses, frames, or contact lenses every year up to \$300.  Prior authorization may be required.
You need dental care (This service is continued on the next page)	Dental check-ups	\$0	Diagnostic services such as:              One preventive dental exam every six months             One cleaning every six months             One dental X-ray every year
	Comprehensive dental care	\$0	Up to \$400 every three months or \$1,600 a year.  Benefits include:  Non-routine services such as fillings, extractions, root canals, crowns, bridges, and dentures  Diagnostic services Restorative services Endodontics, periodontics, and extractions  Prior authorization and referral may be required. Limitations apply. Call Member Services for details.  Benefit differs for members qualified for and enrolled in a state-operated waiver program.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need dental care (continued)	Comprehensive dental care	\$0	Any amount remaining at the end of the year will not be carried over to the next year.
You need hearing/auditory services	Hearing screenings	\$0	Benefits include unlimited:
	Hearing aids	\$0	In addition to the Texas Medicaid benefit, the plan covers a maximum of \$2,000 for up to 2 hearing aids every year, both ears combined.  Prior authorization may be required.
You have a chronic condition, such as diabetes or heart disease	Services to help manage your disease	\$0	Benefits include diabetes self-management training and kidney disease education.  Limitations apply.  Prior authorization and referral may be required.
	Diabetes supplies and services	\$0	<ul> <li>Benefit includes:</li> <li>Diabetic monitoring supplies</li> <li>Custom-molded shoes and inserts or one pair of extra-depth shoes per year</li> <li>Additional inserts provided based on your needs</li> <li>Limitations apply.</li> </ul> Contact Member Services for a list of covered supplies.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You have a mental health condition	Mental or behavioral health services	\$0	Benefit includes:  Individual therapy visits Group therapy visits Individual therapy visits with a psychiatrist Group therapy visits with a psychiatrist Fartial hospitalization program services Residential Treatment Facility Inpatient hospitalization services  Prior authorization may be required.
You have a substance abuse problem	Substance abuse services	\$0	Individual substance abuse outpatient treatment visits     Group substance abuse outpatient treatment visits     Residential Treatment Facility     Inpatient hospitalization services  Prior authorization may be required.
You need long-term mental health services	Inpatient care for people who need mental health care	\$0	Unlimited inpatient days in a psychiatric hospital.  Prior authorization may be required.  Except in an emergency, your doctor must tell the plan you are going to be admitted to the hospital.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need durable	Wheelchairs	\$0	Prior authorization may be required.
medical equipment	Nebulizers	\$0	Prior authorization may be required.
(DME)	Crutches	\$0	Prior authorization may be required.
	Walkers	\$0	Prior authorization may be required.
	Oxygen equipment and supplies	\$0	Prior authorization may be required.
You need help living at home (This service is continued on the next page)	Meals brought to your home  Home services, such as cleaning or	\$0 \$0	For waivered members, the plan covers home delivered meals.  Benefit requires qualification for and enrollment in a state-operated waiver program.  Prior authorization may be required.  Prior authorization may be required.
	housekeeping		State eligibility requirements may apply.
	Changes to your home, such as ramps and wheelchair access	\$0	Benefits are limited:  • Up to \$7,500 maximum lifetime limit  • Up to \$300 annual limit  Benefit requires qualification for and enrollment in a state-operated waiver program.  Prior authorization may be required.
			Contact Member Services for more details.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need help living at home (continued)	Personal care assistant  (You may be able to employ your own assistant. Call Member Services for more information.)	\$0	Prior authorization may be required.  State eligibility requirements may apply.
	Training to help you get paid or unpaid jobs	\$0	Benefit requires qualification for and enrollment in a state-operated waiver program.  Prior authorization and referral may be required.
	Home health care services	\$0	These services are available to all members based on need.  Prior authorization may be required.
	Services to help you live on your own	\$0	Benefit may require qualification for and enrollment in a state-operated waiver program.  Prior authorization and referral may be required.
	Adult day services or other support services	\$0	Prior authorization may be required.
You need a place to live with people available to help you	Assisted living or other housing services	\$0	Benefit requires qualification for and enrollment in a state-operated waiver program.  Prior authorization may be required.
	Nursing home care	\$0	Services are available to members meeting specific level of care criteria.  Prior authorization may be required.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
Your caregiver needs some time off	Respite care	\$0	The plan offers 30 days or up to 720 hours for members qualified for and enrolled in a state-operated waiver program.  In addition, the plan offers 8 hours of respite services annually for non-STAR+PLUS Waiver (SPW) members. This is provided in 4-hour increments for 2 days or 8 hours for 1 day.  Covered places of service may include member's home or place of residence, foster homes, hospitals, nursing facilities, and other community care residential facilities.  Prior authorization may be required.
You need help with meals after being discharged from a hospital or skilled nursing facility	Meals	\$0	The plan covers home-delivered meals after you are released from the hospital, a skilled nursing facility, or custodial nursing facility. This extra benefit covers 2 meals per day for 5 days.  Prior authorization may be required.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need help paying for over-the-counter (OTC) medicines	OTC Mail Order Catalog	\$0	In addition to the Texas Medicaid benefit, the plan provides a \$51 allowance every 3 months for approved over-the-counter (OTC) medicines and health care-related items. These OTC medicines are delivered by mail order and do not require a prescription. Unused allowance amounts will not carry from one quarter to the next quarter.
You want help remembering your memories	A memory album for photos to encourage memory retention	\$0	A memory album for photos to encourage memory retention. Photo albums may help to stimulate memories for a member suffering from Alzheimer's and other dementia.  One photo album per lifetime. Must be diagnosed with Alzheimer's disease or other dementia.  Prior authorization may be required.

#### **Summary of Benefits 2020**

#### D. Other services that Amerigroup STAR+PLUS MMP covers

This is not a complete list. Call Member Services or read the *Member Handbook* to find out about other covered services.

Other services covered by Amerigroup STAR+PLUS MMP	Your costs for in-network providers
Smoking and Tobacco Use Cessation	\$0
Benefit includes cessation counseling and Nicotine Replacement Therapy (NRT) when prescribed.	
Contact the plan for more details.	
Referral may be required.	
Membership in health club/fitness classes	\$0
Membership in SilverSneakers® fitness program. Members are instructed on the use of the	
contracted fitness centers' equipment and home self-paced exercise programs through an	
orientation of the program.	
Contact Member Services for more details.	
Habilitation	\$0
Prior authorization may be required.	
State eligibility requirements may apply or benefit requires qualification for and enrollment in a	
state-operated waiver program.	

Other services covered by Amerigroup STAR+PLUS MMP	Your costs for in-network providers
Freestanding birth center services	\$0
Prior authorization and referral may be required.	
Contact Member Services for more details.	
Family planning services	\$0
Prior authorization may be required.	
Contact Member Services for more details.	
Counseling services	\$0
Prior authorization and referral may be required.	
Self-directed personal assistance services	\$0
Prior authorization may be required.	
Contact Member Services for more details.	
Institution for mental disease services for individuals 65 or older	\$0
Prior authorization and referral may be required.	
Contact Member Services for more details.	
Supported employment	\$0
Prior authorization may be required. Benefit requires qualification for and enrollment in a	
state-operated waiver program.	

Other services covered by Amerigroup STAR+PLUS MMP	Your costs for in-network providers
Acupuncture	\$0
Prior authorization may be required.	
Benefit is limited to 6 treatments every year.	
Contact Member Services for more details.	
Annual physical exam	\$0
Complete annual physical exam and associated labs are covered.	
Benefit is limited to 1 physical per year.	
Employment assistance	\$0
Benefit requires qualification for and enrollment in a state-operated waiver program.	
Nursing services	\$0
Prior authorization may be required.	
Benefit requires qualification for and enrollment in a state-operated waiver program.	
Contact Member Services for more details.	
Personal Emergency Response System (PERS)	\$0
Prior authorization may be required.	
Contact Member Services for more details.	

Other services covered by Amerigroup STAR+PLUS MMP	Your costs for in-network providers
Adult foster care	\$0
Prior authorization may be required.	
Benefit requires qualification for and enrollment in a state-operated waiver program.	
Contact Member Services for more details.	
Transitional assistance services	\$0
Prior authorization may be required.	
Benefit is limited to \$2,500 per lifetime.	
State eligibility requirements may apply.	
Contact Member Services for more details.	
Behavioral health services	\$0
Prior authorization may be required.	
Services include inpatient mental health services, outpatient mental health services,	
detoxification services, psychiatry services, mental health targeted case management, and	
mental health rehabilitative services.	
Contact Member Services for more details.	

Other services covered by Amerigroup STAR+PLUS MMP	Your costs for in-network providers
Cognitive rehabilitation therapy	\$0
Prior authorization may be required.	
Benefit requires qualification for and enrollment in a state-operated waiver program.	
Contact Member Services for more details.	
Adaptive aids and medical supplies	\$0
Prior authorization may be required.	
Benefit requires qualification for and enrollment in a state-operated waiver program.	
Benefit is limited to \$10,000 every year per waiver plan year.	
Contact Member Services for more details.	
Support consultation	\$0
State eligibility requirements may apply or benefit requires qualification for and enrollment in a state-operated waiver program.	
Prior authorization may be required.	
Podiatry services	\$0
One (1) routine foot care visit is covered every 3 months.	
Prior authorization may be required.	

Other services covered by Amerigroup STAR+PLUS MMP	Your costs for in-network providers
Pest control	\$0
One treatment every 3 months to eliminate rodents, roaches, and other unsafe pests from the home in order to provide a healthier community-based environment for members.	
Prior authorization may be required.	
Prosthetics/medical supplies	\$0
Includes disposable medical supplies.	
Prior authorization may be required.	
Contact Member Services for more details.	
Opioid treatment services	\$0
<ul> <li>The plan will pay for the following services to treat opioid use disorder:</li> <li>Medications approved by the Food and Drug Administration (FDA) and, if applicable, managing and giving you these medications</li> <li>Substance use counseling</li> <li>Individual and group therapy</li> <li>Testing for drugs or chemicals in your body (toxicology testing)</li> </ul>	
Prior authorization and referral may be required.	

# **Summary of Benefits 2020**

#### E. Services covered outside of Amerigroup STAR+PLUS MMP

This is not a complete list. Call Member Services to find out about other services not covered by Amerigroup STAR+PLUS MMP but available through Medicare or Texas Medicaid.

Other services covered by Medicare or Texas Medicaid	Your costs
Some hospice care services	\$0
Nonemergency medical transportation services	\$0
Pre-admission screening and resident review (PASRR)	\$0

#### **Summary of Benefits 2020**

#### F. Services not covered by Amerigroup STAR+PLUS MMP, Medicare, or Texas Medicaid

This is not a complete list. Call Member Services or read the *Member Handbook* to find out about other excluded services.

Services not covered by Amerigroup STAR+PLUS MMP, Medicare, or Texas Medicaid		
Private Room	A private room in a hospital is not covered, except when it is medically needed.	
Private duty nurses	Private duty nursing services provided in a hospital are not covered by our plan.	
Cosmetic Surgery	Cosmetic surgery or other cosmetic work, unless it is needed because of an accidental injury or to improve a part of the body that is not shaped right. However, the plan will pay for reconstruction of a breast after a mastectomy and for treating the other breast to match it.	
Chiropractic Care	Other than manual manipulation of the spine consistent with Medicare coverage guidelines or for an acute condition or an acute exacerbation of a chronic condition consistent with Texas Medicaid coverage guidelines.	
Elective or Voluntary Enhancement Procedures	Including weight loss, hair growth, sexual performance, athletic performance, cosmetic purposes, anti-aging, and mental performance, except when medically needed.	
Naturopath Services	Naturopath services (the use of natural or alternative treatments).	
Services provided to veterans in Veterans Affairs (VA) facilities	When a veteran gets emergency services at a VA hospital and the VA cost sharing is more than the cost sharing under our plan, we will reimburse the veteran for the difference.	

#### **Summary of Benefits 2020**

#### G. Your rights as a member of the plan

As a member of Amerigroup STAR+PLUS MMP, you have certain rights. You can exercise these rights without being punished. You can also use these rights without losing your health care services. We will tell you about your rights at least once a year. For more information on your rights, please read the *Member Handbook*. Your rights include, but are not limited to, the following:

- You have a right to respect, fairness and dignity. This includes the right to:
  - Get covered services without concern about race, ethnicity, national origin, religion, gender, age, mental or physical disability, sexual orientation, genetic information, ability to pay, or ability to speak English
  - Get information in other formats (e.g., large print, braille, audio)
  - Be free from any form of physical restraint or seclusion
  - Not be billed by network providers.
- You have the right to get information about your health care. This includes information on treatment and your treatment options. This information should be in a format you can understand. These rights include getting information on:
  - Description of the services we cover
  - How to get services
  - How much services will cost you
  - Names of health care providers and care managers
- You have the right to make decisions about your care, including refusing treatment. This includes the right to:

- Choose a Primary Care Provider (PCP) and you can change your PCP at any time during the year
- See a women's health care provider without a referral
- Get your covered services and drugs quickly
- Know about all treatment options, no matter what they cost or whether they are covered
- o Refuse treatment, even if your doctor advises against it
- Stop taking medicine
- Ask for a second opinion. Amerigroup STAR+PLUS MMP will pay for the cost of your second opinion visit.
- You have the right to timely access to care that does not have any communication or physical access barriers. This includes the right to:
  - Get timely medical care
  - Get in and out of a health care provider's office. This means barrier free access for people with disabilities, in accordance with the Americans with Disabilities Act.
  - Have interpreters to help with communication with your doctors and your health plan.

#### **Summary of Benefits 2020**

- You have the right to seek emergency and urgent care when you need it. This means you have the right to:
  - Get emergency services without prior approval in an emergency
  - See an out of network urgent or emergency care provider, when necessary
- You have a right to confidentiality and privacy. This includes the right to:
  - Ask for and get a copy of your medical records in a way that you can understand and to ask for your records to be changed or corrected.

- Have your personal health information kept private.
- You have the right to make complaints about your covered services or care. This includes the right to:
  - File a complaint or grievance against us or our providers
  - Ask for a state fair hearing
  - Get a detailed reason for why services were denied

For more information about your rights, you can read the Amerigroup STAR+PLUS MMP *Member Handbook*. If you have questions, you can also call Amerigroup STAR+PLUS MMP Member Services.

#### **Summary of Benefits 2020**

#### H. How to file a complaint or appeal a denied service

If you have a complaint or think Amerigroup STAR+PLUS MMP should cover something we denied, call Amerigroup STAR+PLUS MMP at 1-855-878-1784 (TTY: 711). You may be able to appeal our decision.

For questions about complaints and appeals, you can read Chapter 9 of the Amerigroup STAR+PLUS MMP *Member Handbook*. You can also call Amerigroup STAR+PLUS MMP Member Services.

Or contact us by mail at:	Or contact us by fax at:
Amerigroup STAR+PLUS MMP Complaints, Appeals, and Grievances Mailstop: OH0102-B325 4361 Irwin Simpson Road Mason, OH 45040	1-888-458-1406

#### **Summary of Benefits 2020**

#### I. What to do if you suspect fraud

Most health care professionals and organizations that provide services are honest. Unfortunately, there may be some who are dishonest.

If you think a doctor, hospital or other pharmacy is doing something wrong, please contact us.

- Call us at Amerigroup STAR+PLUS MMP Member Services. Phone numbers are on the cover of this summary.
- Or, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. You can call these numbers for free, 24 hours a day, 7 days a week.

Let us know if you think a doctor, dentist, pharmacist at a drug store, other health care providers, or a person getting benefits is doing something wrong. Doing something wrong could be fraud, waste, or abuse, which is against the law. For example, tell us if you think someone is:

- Getting paid for services that weren't given or weren't necessary.
- Not telling the truth about a medical condition to get medical treatment.
- Letting someone else use their Texas Medicaid ID.
- Using someone else's Texas Medicaid ID.
- Not telling the truth about the amount of money or resources he or she has to get benefits.

#### **Summary of Benefits 2020**

#### J. Ways to report fraud, waste, or abuse:

- Call the OIG Hotline at 1-800-436-6184:
- Visit <a href="https://oig.hhsc.state.tx.us/">https://oig.hhsc.state.tx.us/</a> and pick "Click Here to Report Waste, Abuse, and Fraud" to complete the online form; or
- You can report directly to your health plan:

Amerigroup STAR+PLUS MMP 7430 Remcon Circle, Building C, Suite 120 El Paso, TX 79912 1-855-878-1784 (TTY: 711)

#### J1. To report fraud, waste, or abuse, gather as much information as possible.

- When reporting about a provider (a doctor, dentist, counselor, etc.), include:
  - Name, address, and phone number of provider
  - Name and address of the facility (hospital, nursing home, home health agency, etc.)
  - o Texas Medicaid number of the provider and facility, if you have it
  - o Type of provider (doctor, dentist, therapist, pharmacist, etc.)
  - o Names and phone numbers of other witnesses who can help in the investigation
  - Dates of events
  - Summary of what happened
- When reporting about someone who gets benefits, include:
  - The person's name
  - o The person's date of birth, Social Security Number, or case number if you have it
  - The city where the person lives

- o Specific details about the fraud, waste, or abuse
- You may also report fraud by contacting the Texas Department of Insurance at 1-800-252-3439 or you may visit them online at <a href="http://www.tdi.texas.gov/fraud">http://www.tdi.texas.gov/fraud</a>.







Have questions?
Call us toll-free at **1-855-878-1784** (TTY: **711**)
Monday through Friday from 8 a.m. to 8 p.m. local time.
Or visit www.myamerigroup.com/TXmmp.

Amerigroup STAR+PLUS MMP (Medicare-Medicaid Plan) is a health plan that contracts with both Medicare and Texas Medicaid to provide benefits of both programs to enrollees.