

Keep this catalog
for future reference.

2023 Over-the-Counter (OTC) Catalog



Conveniently shop for over-the-counter products in-store, online,
by phone, or by mail.

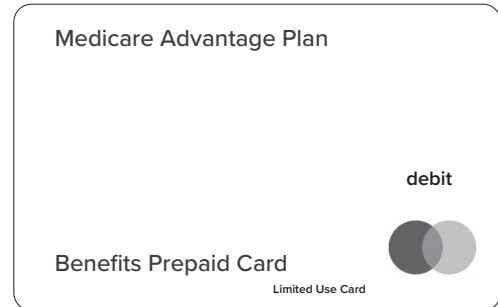
Over-the-Counter items at no extra cost with your Benefits Prepaid Card

We are committed to delivering care that has the power to improve whole-person health so that you can focus on the things you love. As a valued member with the Over-the-Counter (OTC) benefit, you have a spending allowance for health and wellness products. You can use your Benefits Prepaid Card to get the items you need when you need them either at your local participating store or delivered to your door.

Please keep this catalog for information such as:

- Your OTC benefit details
- Instructions on how to shop
- List of eligible product categories and items






We're here to help you anytime. Just give us a call at **1-866-413-2582 (TTY: 711)** or log-in to your secure online MyBenefits account at **MyBenefits.NationsBenefits.com**



How to Access Your Benefits Online

If this is your first time visiting the MyBenefits website or using the MyBenefits mobile app, be sure to get started by creating an account.

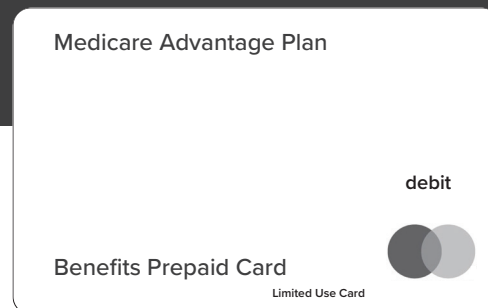
Then, simply log in for convenient access to:

-  **Check** your spending allowance balance
-  **Find** a participating store near you
-  **Review** recent online purchases and track online orders
-  **Search** for eligible OTC products
-  **Use** a product scanner to check product eligibility (on the MyBenefits app only)

Access your benefits online anytime at MyBenefits.NationsBenefits.com

Shopping for OTC Products Has Never Been Easier

You have five convenient ways to shop. Choose the option that's best for you:



In-Store

You can use your Benefits Prepaid Card at participating stores near you.

- Go to **MyBenefits.NationsBenefits.com** to find a participating store.
- Use the in-store shopping guide in this catalog to see eligible product categories. You can also search for eligible products at **MyBenefits.NationsBenefits.com** or scan a product UPC code to see if it's eligible using the MyBenefits app.
- When you're finished shopping, select "debit" or "credit" at check out, then swipe your card. You will not need a PIN to use your card. Your available OTC spending allowance amount will apply to the eligible items and deduct from your total purchase. Sales tax may apply.
- If your total is more than your available balance, please use another form of payment for the remaining amount.

NationsOTC is your exclusive OTC delivery service. You may use the NationsOTC Home Delivery section of this catalog or go to **MyBenefits.NationsBenefits.com** to search by product or UPC code to select items to be shipped to your home at no additional cost.

Online, app, phone, and mail delivery service is not available through other retailers with your plan.

Online

- Log in to your secure online account on the MyBenefits website to place your order.
- Select the items you would like to purchase and follow the instructions for checkout and payment.

Shopping for OTC Products Has Never Been Easier



App

- Scan this QR code to download the MyBenefits app on your mobile device or search “MyBenefits” in the App Store or Google Play to get started.



- Select the items you would like to purchase and follow the instructions for checkout and payment.
-



Phone

- Select the items you would like to purchase and call **1-866-413-2582 (TTY: 711)** to place your order.
 - Our Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year, and will assist you with placing your order.
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Mail

- Select the items you would like to purchase.
- Complete the order form in the back of this catalog.
- Send your completed order form to:

NationsOTC
1801 NW 66th Avenue, Suite 100
Plantation, FL 33313

To ensure that you are able to use your spending allowance before it expires at the end of the year, please mail your order form no later than 12/20/23. If you are ordering after 12/20/23, we encourage you to shop in-store, or place your order online or by phone.

Product Categories



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In-Store Shopping Guide

Eligible OTC products include generic store branded products only. They can be purchased at participating stores and include items in the following categories. You can also search for eligible products at [MyBenefits.NationsBenefits.com](https://www.MyBenefits.NationsBenefits.com) or scan a product UPC code to see if it's eligible using the MyBenefits app.

Allergy & Sinus
Adult Allergy Antihistimine
Adult Sinus
Pediatric Allergy
Cough, Cold & Flu
Adult Cold & Flu
Chest Rub/Bronchial
Cold & Flu - Dextromethorphan Polistirex
Cough/Expectorant
COVID-19 at Home Test Kit
Drops/Lozenges/Sprays
Lip Balm
Natural Nasal Spray
Pediatric Cough, Cold & Flu
Diabetic Testing Supplies
Control Solutions
Glucose Meter
Pen Needles
Swabs
Syringes
Test Strips
Digestive Health
Antacids
Anti Diarrhea

In-Store Shopping Guide

Digestive Health

Anti Gas

Bismuth Subsalicylate

Bulk Fiber

H2 Blocker

Hemorrhoidal

Lactose Intolerance

Polyethylene Glycol 3350 (Peg)

Proton Pump Inhibitor (Ppi)

Stimulant Softeners

Eye/Ear Care

Allergy Relief

Contact Solutions

Dry Eye Relief

Ear Care

Eye Care Accessories

Eye Care Misc

Natural/Specialty Eye Care

Redness Relief

First Aid

Alcohol/Peroxide

Anti-Fungal/Wart

Bandage

Epsom Salts

External Analgesics/Topical Patch

Gloves

Hot/Cold Compress Remedies

Itch

Lice Treatments

In-Store Shopping Guide

First Aid

Major Wound Care - Pads/Gauze

Support Braces/Wrap/Sport Tape

Thermometers

Wound/Burn Medication/Topicals

Footcare

Corn Callus Bunion

Insole Orthotic Device

Medicated Cream Powder Spray

Pain Relievers/Analgesics

Acetaminophen

Arthritis/Diclofenac

Aspirin

Ibuprofen

Menstrual Analgesics

Migraine

Motion Sickness

Naproxen Sodium

Pediatric Analgesics

Sleep Aids

Stimulants

Urinary

Pseudoephedrine From The Pharmacy

Cold & Flu - Pseudoephedrine

Pseudoephedrine 3.0 Mg & Over

Sinus/Allergy - Pseudoephedrine

Smoking Cessation

Gum

Lozenges

Patches

In-Store Shopping Guide

Vitamins

Children's Vitamins

Heart Vitamins

Immunity & Elderberry Vitamins

Joint Vitamins

Letter Vitamins (A, B, C, D, Etc.)

Melatonin

Mineral Vitamins

Multi Vitamins

Prenatal Vitamins

Vision Vitamins

NationsOTC Home Delivery Catalog

Item #	Description	Count	Price
Cold, Flu & Allergy			
5084	Acetaminophen Sinus Congestion Caplets, 325 mg., 5 mg.	24 ct.	\$4.50
5052	Cetirizine Allergy Tablets, 10 mg.	30 ct.	\$8.00
5338	Cough & Cold for High Blood Pressure	16 ct.	\$5.00
5220	Cough Drops, Cherry	30 ct.	\$3.00
5545	Cough Drops, Honey Lemon	30 ct.	\$3.00
5126	Cough Drops, Menthol	30 ct.	\$3.00
5405	Cough Drops, Sugar-Free, Black Cherry	25 ct.	\$3.00
5399	Day & Night Cold & Flu Caplets	20 ct.	\$6.00
5153	Day Cold & Flu Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	1 ct.	\$6.00
5451	Diphenhydramine Allergy Tablets, 25 mg.	24 ct.	\$3.00
5855	Fexofenadine Allergy Tablets, 180 mg.	30 ct.	\$11.00
5856	Fluticasone Propionate Allergy Nasal Spray, 24-Hour, 144 sprays, 50 mcg.	1 ct.	\$21.00
5095	Green Tea Flu & Cold Honey Lemon	6 ct.	\$8.00
5503	Humidifier, Ultra-Sonic	1 ct.	\$45.00
5857	Loratadine Allergy Tablets, 10 mg.	100 ct.	\$12.00
5559	Medicated Lip Balm, 0.15 oz.	1 ct.	\$2.00
5858	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release, 1,200 mg., 60 mg.	14 ct.	\$10.00
5691	Mucus Relief Tablets, 400 mg.	100 ct.	\$9.00
5081	Nasal Decongestion Spray, 0.05%, 1 oz.	1 ct.	\$4.00
5040	Night Cold & Flu Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	1 ct.	\$6.00
5072	Saline Nasal Spray, 0.65%, 1.5 oz.	1 ct.	\$3.50
5693	Sore Throat Lozenges, Cherry	18 ct.	\$5.00
5015	Tussin Congestion Relief Syrup, 200 mg., 4 oz.	1 ct.	\$3.00
5023	Tussin DM Sugar-Free Syrup, 100 mg., 10 mg., 4 oz.	1 ct.	\$4.00
5511	Vapor Rub, 3.5 oz.	1 ct.	\$5.00
Dental & Denture Care			
5330	Dental Floss, Mint Waxed	1 ct.	\$3.00
5168	Dental Travel Kit	1 ct.	\$3.50
5260	Denture Adhesive Cream, 2.4 oz.	1 ct.	\$4.00
5626	Denture Brush	1 ct.	\$1.50

NationsOTC Home Delivery Catalog

Item #	Description	Count	Price
Dental & Denture Care			
5546	Denture Cleaning Tablets	40 ct.	\$4.00
5200	Interdental Flossers	90 ct.	\$3.50
5195	Oral Pain Relief Gel, 20%, 0.33 oz.	1 ct.	\$3.00
5810	Tongue Cleaner	1 ct.	\$6.00
5510	Toothbrush, Adult	1 ct.	\$1.50
6051	Toothbrush, Battery Powered	1 ct.	\$17.00
5160	Toothbrush, Rechargeable	1 ct.	\$35.00
5161	Toothbrush, Rechargeable Replacement Heads	2 ct.	\$17.00
5702	Toothbrush, Soft 2-pack	1 ct.	\$5.50
5241	Toothpaste Squeezer	1 ct.	\$3.00
5102	Toothpaste, Fluoride, 6.4 oz.	1 ct.	\$3.00
5421	Toothpaste, Sensitive Teeth, 4.3 oz.	1 ct.	\$4.00
5530	Toothpaste, Travel Size, 0.85 oz.	1 ct.	\$1.50
Diabetes Care			
5295	Alcohol Pads*	100 ct.	\$3.50
5812	Diabetic Skin Relief Foot Cream, 4 oz.	1 ct.	\$12.00
5225	Diabetic Socks, Black, Medium, 3-pack	1 ct.	\$7.00
5223	Diabetic Socks, Black, Large, 3-pack	1 ct.	\$7.00
5860	Diabetic Socks, Black, X-Large, 3-pack	1 ct.	\$7.00
5224	Diabetic Socks, White, Medium, 3-pack	1 ct.	\$7.00
5222	Diabetic Socks, White, Large, 3-pack	1 ct.	\$7.00
5861	Diabetic Socks, White, X-Large, 3-pack	1 ct.	\$7.00
6052	Diabetic Socks, Ultra Soft Padded, Black, Medium, 2-pack	1 ct.	\$9.00
6053	Diabetic Socks, Ultra Soft Padded, Black, Large, 2-pack	1 ct.	\$9.00
6055	Diabetic Socks, Ultra Soft Padded, White, Medium, 2-pack	1 ct.	\$9.00
6056	Diabetic Socks, Ultra Soft Padded, White, Large, 2-pack	1 ct.	\$9.00
5313	Glucose Tablets	50 ct.	\$6.00
5528	Sharps Container, 1 qt.	1 ct.	\$3.00
Digestive Health			
5304	Antacid Chewables, 500 mg.	150 ct.	\$5.00
5438	Antacid Chewables, Extra Strength, 750 mg.	96 ct.	\$4.50
5420	Docusate Sodium Stool Softener Softgels, 100 mg.	100 ct.	\$5.00

NationsOTC Home Delivery Catalog

Item #	Description	Count	Price
Digestive Health			
5167	Enema, Saline Laxative, 4.5 oz.	1 ct.	\$2.00
5079	Famotidine Acid Reducer, 10 mg.*	30 ct.	\$5.00
5280	Gas Relief Chewable Tablets, 80 mg.	100 ct.	\$6.00
5429	Loperamide Anti-Diarrheal Caplets, 2 mg.*	12 ct.	\$5.00
5795	Milk of Magnesia, 12 oz.	1 ct.	\$4.50
5863	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.*	42 ct.	\$23.00
5696	Polyethylene Glycol Powder Laxative, 8.3 oz.	1 ct.	\$13.50
5212	Senna + Laxative Tablets, 50 mg., 8.6 mg.	60 ct.	\$3.00
Eye & Ear Care			
5004	Artificial Tears Drops, 0.5 oz.	1 ct.	\$4.50
5385	Cotton Swabs	300 ct.	\$4.00
5189	Earwax Removal Drops, 6.5%, 0.5 oz.	1 ct.	\$3.00
5704	Earwax Removal System with Rubber Bulb, 6.5%	1 ct.	\$9.00
5041	Irritation Relief Eye Drops, 0.5 oz.	1 ct.	\$7.00
5048	Redness Relief Eye Drops, 0.5 oz.	1 ct.	\$3.00
First Aid & Medical Supplies			
5404	Adhesive First Aid Tape*	1 ct.	\$3.00
5682	Alcohol Swabs*	3 ct.	\$3.00
6005	Antiseptic Towelettes	100 ct.	\$6.00
5798	Bacitracin Ointment, 1 oz.	1 ct.	\$4.00
5151	Bandage, Stretch Gauze*	1 ct.	\$2.00
5173	Bandages, Assorted*	100 ct.	\$4.50
5547	Burn Relief Spray, 4 oz.	1 ct.	\$6.00
5199	Butterfly Closures	12 ct.	\$3.00
5066	Calamine Lotion, 6 oz.	1 ct.	\$4.00
5192	Cotton Balls	100 ct.	\$4.00
5078	Diphenhydramine Anti-Itch Cream, 2%, 1.25 oz.	1 ct.	\$4.00
5194	Disposable Gloves, Nitrile, Small	100 ct.	\$16.00
5193	Disposable Gloves, Nitrile, Medium	100 ct.	\$16.00
5191	Disposable Gloves, Nitrile, Large	100 ct.	\$16.00
5930	Disposable Gloves, Nitrile, X-Large	100 ct.	\$16.00
5612	First Aid Kit, 75 Pieces	1 ct.	\$7.50

NationsOTC Home Delivery Catalog

Item #	Description	Count	Price
First Aid & Medical Supplies			
5711	First Aid Kit, 175 Pieces	1 ct.	\$15.00
5459	Gauze Pad, Sterile*	100 ct.	\$7.00
5400	Hydrocortisone Cream, 1%, 1 oz.	1 ct.	\$4.00
5527	Hydrogen Peroxide, 3%, 4 oz.	1 ct.	\$2.00
5227	Hydrogen Peroxide, 3%, 8 oz.	1 ct.	\$4.00
5317	Ice Bag	1 ct.	\$5.00
5045	Liquid Bandage, 0.3 oz.	1 ct.	\$8.00
5437	Petroleum Jelly, 4 oz.	1 ct.	\$3.00
5817	Procedural Face Masks with Earloops	50 ct.	\$12.00
5541	Rubbing Alcohol, 70%, 16 oz.*	1 ct.	\$4.00
5131	Tape, Paper Surgical, 1" x 10 yd.*	1 ct.	\$2.00
6043	Tape, Silk Surgical, 1" x 10 yd.*	1 ct.	\$2.00
4039	Triple Antibiotic + Pain Relief Ointment, 1 oz.	1 ct.	\$4.00
5869	Triple Antibiotic Ointment, 1 oz.	1 ct.	\$4.50
5121	Warm & Cold Water Bottle	1 ct.	\$8.00
Foot Care			
5219	Callus Cushions	6 ct.	\$3.00
5216	Clotrimazole Athlete's Foot Cream, 1%, 1.5 oz.	1 ct.	\$4.00
5196	Corn & Callus Remover, 0.33 oz.	1 ct.	\$6.00
5543	Foot Powder, 4 oz.	1 ct.	\$5.00
5158	Medicated Callus Removers	6 ct.	\$4.00
5165	Tolnaftate Antifungal Cream, 1%, 1.25 oz.	1 ct.	\$5.00
Hemorrhoidal Preparations			
5414	Hemorrhoid Ointment, 2 oz.	1 ct.	\$5.00
5351	Hemorrhoid Suppository	12 ct.	\$7.00
Home Diagnostic & Patient Aids			
5371	Blood Pressure Monitor, Upper Arm Automatic†	1 ct.	\$35.00
5573	Blood Pressure Monitor, Upper Arm Talking†	1 ct.	\$45.00
5370	Blood Pressure Monitor, Wrist†	1 ct.	\$30.00
5872	Blood Pressure Monitor, Wrist Talking†	1 ct.	\$40.00
5710	Cushion, Gel/Foam Seat	1 ct.	\$28.00
5873	Cushion, Lumbar	1 ct.	\$20.00

NationsOTC Home Delivery Catalog

Item #	Description	Count	Price
Home Diagnostic & Patient Aids			
5821	Kitchen Scale, Digital†	1 ct.	\$25.00
5500	Long Handle Bath Sponge	1 ct.	\$8.00
5639	Night Light	1 ct.	\$4.00
5242	Pill Box, 7 Day, 1 Time a Day	1 ct.	\$4.00
5508	Pill Box, 7 Day, AM & PM	1 ct.	\$9.00
5824	Pill Cutter with Safety Shield	1 ct.	\$7.00
5096	Pulse Oximeter†	1 ct.	\$35.00
5149	Thermometer, 60 Second	1 ct.	\$3.00
6048	Thermometer, Digital Ear	1 ct.	\$28.00
5627	Thermometer, Talking Ear & Forehead	1 ct.	\$48.50
Incontinence Supplies			
5525	A&D Ointment, 4 oz.	1 ct.	\$3.00
5447	Adult Washcloths Disposable*	48 ct.	\$5.50
5825	Bathing Wipes	8 ct.	\$7.00
5718	Bladder Control Shaped Pad, Maximum Absorbency*	28 ct.	\$12.00
5719	Bladder Control Shaped Pad, Ultimate Absorbency*	28 ct.	\$16.00
5883	Disposable Underwear Pull-Up, Medium, 34" to 44"*	20 ct.	\$15.00
5882	Disposable Underwear Pull-Up, Large, 44" to 58"*	18 ct.	\$15.00
5884	Disposable Underwear Pull-Up, X-Large, 58" to 68"*	14 ct.	\$15.00
5529	Flushable Wipes*	24 ct.	\$5.50
6058	Underpad, Disposable, 23" x 24"*	50 ct.	\$14.00
5721	Underpad, Disposable, 23" x 36"*	15 ct.	\$11.00
5722	Underpad, Disposable, 30" x 30"*	10 ct.	\$10.00
6059	Underpad, Extra Absorbent Air Permeable, 30" x 36"*	5 ct.	\$13.00
Pain Relief			
5430	Acetaminophen Arthritis, 650 mg.	100 ct.	\$11.00
5303	Acetaminophen Extra Strength Tablets, 500 mg.	100 ct.	\$6.50
5428	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	50 ct.	\$3.00
6039	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	100 ct.	\$7.00
5302	Acetaminophen Tablets, 325 mg.	100 ct.	\$4.00
5073	Aspirin Chewables, Low Dose, 81 mg.	36 ct.	\$2.50
5297	Aspirin Tablets, 325 mg.	100 ct.	\$3.00

NationsOTC Home Delivery Catalog

Item #	Description	Count	Price
Pain Relief			
5090	Aspirin, Enteric Coated Tablets, Low Dose, 81 mg.	120 ct.	\$4.00
4007	Capsaicin Heat Patch, 0.025%	2 ct.	\$2.00
5080	Cold Hot Medicated Patch	5 ct.	\$6.00
4038	Diclofenac Arthritis Pain Relief Gel, 1%, 3.53 oz.	1 ct.	\$12.00
5472	Heating Pad, 12" x 15"*	1 ct.	\$22.00
5726	Heating Pad, X-Large, 12" x 24"*	1 ct.	\$35.00
5725	Heating Pad Wrap For Shoulder, Neck & Back, 25" x 26"*	1 ct.	\$60.00
5886	HeatWraps, Back & Hip	2 ct.	\$6.00
5887	HeatWraps, Neck & Shoulder	3 ct.	\$6.00
5093	Ibuprofen Tablets, 200 mg.	50 ct.	\$3.00
5485	Ibuprofen Tablets, 200 mg.	100 ct.	\$5.00
5888	Lidocaine Patch, 4%	5 ct.	\$9.00
5457	Muscle Rub Cream, 1.25 oz.	1 ct.	\$3.00
5017	Naproxen Sodium Caplets, 220 mg.	50 ct.	\$6.00
5889	Naproxen Sodium Caplets, 220 mg.	100 ct.	\$8.50
4019	Tiger Balm® Liniment, 2 oz.	1 ct.	\$9.00
5318	Tiger Balm® Muscle Rub, 2 oz.	1 ct.	\$8.00
4018	Tiger Balm® Ointment, Extra Strength, 0.63 oz.	1 ct.	\$7.00
4020	Tiger Balm® Ointment, Ultra Strength, 1.7 oz.	1 ct.	\$12.00
4016	Tiger Balm® Patch, Regular	5 ct.	\$7.00
4017	Tiger Balm® Patch, Large	4 ct.	\$8.00
Personal Care			
5024	Lice Treatment Shampoo, 4%, 4 oz.	1 ct.	\$10.00
5390	Anti-Dandruff Shampoo, 11 oz.	1 ct.	\$5.00
Skin Care			
5397	Acne Gel Benzoyl Peroxide, 10%, 1.5 oz.	1 ct.	\$5.00
5535	Aloe Vera Cream, 6 oz.	1 ct.	\$3.50
5169	Anti-Bacterial Wet Wipes	24 ct.	\$3.00
5091	Dry Skin Cream, 16 oz.	1 ct.	\$9.00
5924	Hand Sanitizer Gel, 8 oz.	1 ct.	\$4.50
5665	Sunscreen, SPF 30, 4 oz.	1 ct.	\$6.00

NationsOTC Home Delivery Catalog

Item #	Description	Count	Price
Sleep Aids			
5074	Diphenhydramine Sleep Tablets	50 ct.	\$5.00
Supports & Braces			
5395	Ankle Support	1 ct.	\$4.00
5895	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Medium (Shoe Size 6-8)‡	1 pair	\$13.00
5896	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Large (Shoe Size 7.5-11)‡	1 pair	\$13.00
5728	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Small (Shoe Size 4-5)‡	1 pair	\$13.00
5901	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Medium (Shoe Size 5.5-7.5)‡	1 pair	\$13.00
5902	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Large (Shoe Size 8-10.5)‡	1 pair	\$13.00
5398	Elastic Bandage, 3" x 5 yd.*	1 ct.	\$2.00
5526	Hot Cold Reusable Pack, 5" x 10"	1 ct.	\$4.00
5735	Knee Support, Elastic, Small	1 ct.	\$8.00
5910	Knee Support, Elastic, Medium	1 ct.	\$8.00
5912	Knee Support, Elastic, Large	1 ct.	\$8.00
6047	Tennis Elbow Support	1 ct.	\$9.00
5389	Wrist Support	1 ct.	\$4.00
Vitamins & Dietary Supplements			
5359	Biotin Gummy, 5,000 mcg.‡	60 ct.	\$8.50
5300	Calcium, 600 mg.‡	60 ct.	\$6.00
5355	Calcium + Vitamin D3 Gummy, 500 mg., 25 mcg.‡	60 ct.	\$12.00
5298	Calcium + Vitamin D3 Tablets, 600 mg.‡	60 ct.	\$4.00
5739	Calcium Chew, Chocolate, 650 mg.‡	60 ct.	\$10.00
5402	Cod Liver Softgels, 400 mg.‡	110 ct.	\$6.00
5156	Coenzyme Q-10, 100 mg.‡	30 ct.	\$11.00
5306	Daily Multivitamin‡	100 ct.	\$3.00
5918	Daily Multivitamin Gummy‡	120 ct.	\$12.00
5448	Eye Supplement Tablets‡	60 ct.	\$4.00
5299	Ferrous Sulfate Iron Supplement, 325 mg.‡	100 ct.	\$3.00
5140	Fish Oil Softgels, 1,000 mg.‡	60 ct.	\$9.00

NationsOTC Home Delivery Catalog

Item #	Description	Count	Price
Vitamins & Dietary Supplements			
5271	Flaxseed Oil Softgels, 1,000 mg.†	100 ct.	\$8.00
6026	Glucosamine (Joint Health Support), 500 mg.†	60 ct.	\$9.00
5176	Glucosamine Chondroitin, 1,500 mg., 1,200 mg.†	60 ct.	\$16.00
5436	Lutein, 20 mg.†	60 ct.	\$11.00
5742	Magnesium, 250 mg.†	110 ct.	\$6.00
5328	Magnesium, 500 mg.†	100 ct.	\$7.00
5273	Melatonin, 3 mg.†	90 ct.	\$6.00
5358	Melatonin Gummy, 5 mg.†	120 ct.	\$12.00
5920	One Daily Men's Multivitamin†	100 ct.	\$6.00
5186	One Daily Women's Multivitamin†	100 ct.	\$6.00
5132	Senior Multivitamin†	90 ct.	\$7.00
4005	Senior Men's Multivitamin†	100 ct.	\$9.00
4006	Senior Women's Multivitamin†	100 ct.	\$9.00
5746	Vitamin B-12, 500 mcg.†	100 ct.	\$6.00
6060	Vitamin B-12, 1,000 mcg.†	100 ct.	\$9.50
5922	Vitamin B-12, Sublingual, 5,000 mcg.†	30 ct.	\$6.50
5305	Vitamin B-Complex†	100 ct.	\$4.00
5179	Vitamin B-Complex + Vitamin C†	100 ct.	\$7.00
5301	Vitamin C, 500 mg.†	100 ct.	\$5.00
5748	Vitamin C, 1,000 mg.†	100 ct.	\$9.00
5492	Vitamin C Gummy, 250 mg.†	60 ct.	\$9.00
5175	Vitamin D3, 10 mcg.†	100 ct.	\$4.00
5183	Vitamin D3, 25 mcg.†	100 ct.	\$8.00
5749	Vitamin D3, 125 mcg.†	100 ct.	\$8.50
5356	Vitamin D3 Gummy, 50 mcg.†	60 ct.	\$11.00
5269	Vitamin E, 180 mg.†	110 ct.	\$9.00
5274	Zinc Tablets, 50 mg.†	100 ct.	\$6.00

In addition to the items listed above, you also have access to products like air purifiers and assistive ramps. For more information, please visit the MyBenefits website at MyBenefits.NationsBenefits.com or call 1-866-413-2582 (TTY: 711)

*Under certain circumstances, these items may be covered under either Part B or Part D. When an item is covered by Part B or Part D due to particular circumstances, you would not use your Part C Supplemental OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

†Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions.

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Order Form

STEP 1 – Fill Out Your Personal Information

Member ID (found on member ID card)

Date of Birth (MM/DD/YYYY)

First Name

Last Name

Street #

Street Name

Apt/Suite #

City

State

ZIP Code

Phone

Email

Check the appropriate box to indicate that you agree to receive communications from us, including e-mails, text messages, calls and push notifications. Messaging and data rates may apply.

Opt in for Text Messages

Opt in for Emails

If you no longer wish to receive emails or text messages from us, you can unsubscribe at any time by updating your preferences in your online account or by calling us.

STEP 2 – Make Your Selection

ITEM #	DESCRIPTION	PRICE	QUANTITY	TOTAL
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____

Order Form

STEP 2 – Make Your Selection

ITEM #	DESCRIPTION	PRICE	QUANTITY	TOTAL
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
Total Order Amount				\$ _____

NOTE: If the total amount exceeds your spending allowance, a Member Experience Advisor will call you for another form of payment.

STEP 3 – Mail Completed Form

Send your completed order form to:

NationsOTC
1801 NW 66th Avenue, Suite 100
Plantation, FL 33313

If you have any questions or need assistance placing your order, please call NationsOTC at **1-866-413-2582 (TTY: 711)**. Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year. Language support services are available if needed.

Please note that the phone numbers and/or emails that you have provided on this form may be used by NationsOTC or any of its contracted parties to contact you about your account, your health benefit plan, related programs, or services provided to you.

For additional order forms, please call our Member Experience Center. You can also download the electronic version of the catalog to get an additional order form at **MyBenefits.NationsBenefits.com**

Complete healthy activities to earn Amerigroup Member Rewards dollars

Your doctor or service coordinator will notify us when you complete a healthy activity from the chart below. We'll add reward dollars to your OTC account card on the first business day of the following month and send you a letter.

Call Member Services toll-free at **1-855-878-1784 (TTY: 711)**, Monday through Friday from 8 a.m. to 8 p.m. local time to find out if you are eligible to complete certain activities.

Healthy Activity	Reward	Condition, Age	How Often
Attend the in-person or by-phone Inter-Disciplinary Team (IDT) meeting with your service coordinator and primary care provider (optional) to talk about your care plan.	\$20	All members, All ages	Once every year
Visit your primary care provider for your annual checkup.	\$20	All members, All ages	Once every year
Get your annual flu shot.	\$20	All members, All ages	Once every year
Call your service coordinator within three days of the day you were released from a hospital, skilled nursing facility, or nursing home to complete the post-discharge process. To reach your service coordinator, call 1-855-878-1784 (TTY: 711) , Monday through Friday from 8 a.m. to 8 p.m. local time. The call is free.	\$25	All members, All ages	No Limit
Attend a follow-up visit with your primary care provider within 14 days from the day you were released from a hospital, skilled nursing facility, or nursing home.	\$20	All members, All ages	No Limit
Attend a follow-up visit with your mental health provider within 14 days from the day you were released from an in-patient mental health admission.	\$20	All members, All ages	No Limit
Get a retinopathy eye exam, kidney exam, and HbA1C blood test; all three exams must be completed to qualify.	\$100	Diabetic, All ages	Once every year
Healthy activity: Get an osteoporosis screening within 180 days of a fracture.	\$25	Female, Ages 50+	Once every year
Get a breast cancer screening.	\$25	Female, Ages 40+	Once every year
Get a colorectal cancer screening.	\$25	All members, Ages 50+	Once every year

Get started today!



Visit us online at
MyBenefits.
NationsBenefits.com



Download the
MyBenefits app to
your mobile device



Call us at
1-866-413-2582
(TTY: 711)



If you have any questions or need help placing your order, we're here for you. Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year. Language support services are available if needed.

Amerigroup STAR+PLUS MMP (Medicare-Medicaid Plan) is a health plan that contracts with both Medicare and Texas Medicaid to provide benefits of both programs to enrollees

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