

Personalized Treatment Plan

It's a good idea to prepare for your doctor visit ahead of time. Think about the topics you'd like to discuss, questions you have and any other issues that you'd like to bring up.

This form will help you prepare for your next visit to the doctor. Print it out and fill in as much information as you can. Be sure to bring it with you to your appointment to help you talk with your doctor. There is space for notes so that you can write down any advice or information that your doctor gives you. This will help you collect your health and health benefits information in one document.

Please take this form with you to your next doctor appointment!

Date of visit:			
Patient	name:		
1.	Visit summary/diagnosis		
2.	Your vital signs Blood pressure:	Temperature:	
	BMI:	Weight:	
3.	Your treatment plan		
4.	Your medicines		
	New medicines		
	Current medicines		
	Current medicines with new doses/instructions		
	Medicines you no longer take		



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5. Your referral information

6. Your next appointment is on ______at_____at_____

7. Before your next appointment

8. Notes

Important information

- Keep your follow-up appointment with your PCP
- If you are having an emergency, go to the emergency room (ER) right away
- If you have questions or are not sure if you should go to the ER, call Amerigroup On Call at 1-866-864-2544 or TTY 1-800-855-2880; registered nurses are available 24 hours a day, 7 days a week, 365 days a year

You can print more copies of this form or your Amerigroup ID card, find a doctor, and more at www.myamerigroup.com/WA